

Fullerton Community Center Fitness Room Rules

In an effort to provide a safe and comfortable environment, we ask all members to follow these rules when using our Fitness Room.

Fitness Room Rules

1. Minimum age requirement is 16 years or older.
2. Proper workout attire must be worn, i.e. sneakers, sweat pants, shorts and tee shirts (sandals, flip flops, and open toed shoes are not permitted).
3. Shoes and shirts must be worn at all times.
4. Please wipe down machines after each use.
5. Please adhere to a 30 minute time limit on all cardiovascular machines if a member is waiting.
6. Please don't rest on a machine if others are waiting.
7. Store all belongings in a locker. The Community Center is not responsible for items left unlocked.
8. Food is not permitted. Water bottles, sport drinks, etc. are permitted in a spill proof container.
9. Please re-rack all dumbbells and do not drop or slam weights.
10. Report broken equipment to Community Center personnel.
11. Showers are available for active patrons who use the Gymnasium, Fitness Room and Pool ONLY.

By purchasing a Fitness Pass, you agree to *adhere to all rules* and procedures of the Fullerton Community Center. If there is any reason to suspect misuse, one understands that all privileges may be *revoked* by Center staff.

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