

Monday	Tuesday	Wednesday	Thursday	Friday
8:00 Walking Group 8:30 Korean Dance Class 9:00 Needlecraft Service Group 9:00 Longevity Stick Balance 9:00 Fun & Fitness Health 9:00 & 12:30 Medicare Counseling - HICAP 10:30 Gentle Yoga & Pilates 10:30 Korean Folk Song Class 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 Bingo 1:00 Chess 7:00 Alzheimer's Caregiver Support Group	9:00 Hawaiian Dance Lessons 9:00 Robin's Exercise & Health 10:30 Belly Dance Lessons 11:30 Lunch - SeniorServ 12:00 Duplicate Bridge 12:30 Creative Coloring Connection 1:00 Beginning Drama 6:00 Tuesday Evening Dance	8:00 Walking Group 8:30 Tai Chi Chuan 9:00 Line Dance Lessons 9:00 Healthier Living Series (3 of 6) 10:30 Gentle Yoga & Pilates 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 Fit & Healthy with Kenny 2:00 It's Your Estate (1 of 8)	9:00 Crocheting & Knitting Class 9:15 Senior Reading Club 10:00 Exercise Plus Health Class 10:45 Senior Grocery Program 11:30 Lunch - SeniorServ 12:00 Fitness Zone Health 12:00 Income Tax Assistance Program 4:30 Karaoke Up!	8:00 Walking Group 8:30 Tai Chi Practice 9:00 Fitness - Help Yourself to Health 10:00 Photography & More 10:00 Blood Pressure Checks 10:30 Gentle Yoga & Pilates 10:30 Diabetes Support Group 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 & 1:30 Fit & Healthy with Kenny 12:30 Movie: "Jackie"
8:00 Walking Group 8:30 Korean Dance Class 9:00 Needlecraft Service Group 9:00 Longevity Stick Balance 9:00 Fun & Fitness Health 10:30 Gentle Yoga & Pilates 10:30 Korean Folk Song Class 11:30 Table Tennis 11:30 Lunch - SeniorServ 12:30 Bingo 1:00 Chess 1:00 VITAS Bereavement Support Group 3:00 German Conversation Group	9:00 Hawaiian Dance Lessons 10:30 Belly Dance Lessons 10:30 Health Seminar: Sciatica & Leg Pain 11:30 Lunch - SeniorServ 12:00 Duplicate Bridge 12:30 Creative Coloring Connection No Robin's Exercise & Health or Beginning Drama classes today. No Tuesday Evening Dance today.	8:00 Walking Group 8:30 Tai Chi Chuan 9:00 Line Dance Lessons 9:00 Healthier Living Series (4 of 6) 9:30 Sherman Library & Gardens Trip 10:00 Our World 10:30 SeniorServ Bingo 10:30 Gentle Yoga & Pilates 11:30 Lunch - SeniorServ 11:30 Table Tennis 2:00 It's Your Estate (2 of 8) No Fit & Healthy with Kenny this week.	9:00 Crocheting & Knitting Class 9:15 Senior Reading Club 10:30 SeniorServ Birthdays 11:30 Lunch - SeniorServ 12:00 Income Tax Assistance Program 12:15 Legal Aid No LEAP exercise classes today.	8:00 Walking Group 8:30 Tai Chi Practice 8:30 Beginners' Tai Chi Practice 10:00 Photography & More 10:00 Korean Parkinson's Support Group 10:30 Gentle Yoga & Pilates 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 Movie: "Pete's Dragon" No Help Yourself to Health today.
8:00 Walking Group 8:30 Korean Dance Class 9:00 Needlecraft Service Group 9:00 Longevity Stick Balance 9:00 Fun & Fitness Health 9:00 & 12:30 Medicare Counseling - HICAP 10:30 Korean Folk Song Class 10:30 Gentle Yoga & Pilates 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 Bingo 1:00 Chess 1:00 VITAS Bereavement Support Group 3:00 German Conversation Group	9:00 Hawaiian Dance Lessons 9:00 Robin's Exercise & Health 10:30 Belly Dance Lessons 11:30 Lunch - SeniorServ 12:00 Duplicate Bridge 12:30 Creative Coloring Connection 1:00 Beginning Drama 6:00 Tuesday Evening Dance	8:00 Walking Group 8:30 Tai Chi Chuan 9:00 Line Dance Lessons 9:00 Healthier Living Series (5 of 6) 10:30 Gentle Yoga & Pilates 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 Fit & Healthy with Kenny 2:00 It's Your Estate (3 of 8)	9:00 Crocheting & Knitting Class 9:15 Senior Reading Club 10:00 Exercise Plus Health Class 10:45 Senior Grocery Program 11:30 Lunch - SeniorServ 12:00 Fitness Zone Health 12:45 Whole Foods Nutrition Series (1 of 4) 1:00 Senior Club Board Meeting	8:00 Walking Group 8:00 Bulletin Collation 8:30 Tai Chi Practice 8:30 Beginners' Tai Chi Practice 9:00 Fitness - Help Yourself to Health 10:00 Photography & More 10:00 Blood Pressure Checks 10:00 SeniorServ Springtime Dance 10:30 Gentle Yoga & Pilates 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 & 1:30 Fit & Healthy with Kenny 12:30 Movie: "Queen of Katwe"
8:00 Walking Group 8:30 Korean Dance Class 9:00 Needlecraft Service Group 9:00 Longevity Stick Balance 9:00 Fun & Fitness Health 9:00 Pauma Casino and Resort Trip 10:30 Gentle Yoga & Pilates 10:30 Korean Folk Song Class 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 Bingo 1:00 Chess 1:00 VITAS Bereavement Support Group 3:00 German Conversation Group	9:00 Hawaiian Dance Lessons 9:00 Robin's Exercise & Health 10:30 Belly Dance Lessons 11:30 Lunch - SeniorServ 12:00 Duplicate Bridge 12:30 Creative Coloring Connection 1:00 Beginning Drama 6:00 Tuesday Evening Dance	8:00 Walking Group 8:30 Tai Chi Chuan 9:00 Line Dance Lessons 9:00 Healthier Living Series (6 of 6) 10:00 Our World 10:30 Gentle Yoga & Pilates 10:30 SeniorServ Bingo 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 Fit & Healthy with Kenny 1:00 Mature Driver Class - Part I 2:00 It's Your Estate (4 of 8)	9:00 Crocheting & Knitting Class 9:15 Senior Reading Club 10:00 Exercise Plus Health Class 11:30 Lunch - SeniorServ 12:00 Fitness Zone Health Class 12:45 Whole Foods Nutrition Series (2 of 4) 1:00 Mature Driver Class - Part II 3:00 Senior Club Spring Social	8:00 Walking Group 8:30 Tai Chi Practice 8:30 Beginners' Tai Chi Practice 9:00 Fitness - Help Yourself to Health 10:00 Photography & More 10:30 Gentle Yoga & Pilates 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 & 1:30 Fit & Healthy with Kenny
				
<h1>April 2017</h1>				