

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">June 2017</p> 		<p style="text-align: center;">Tuesday Evening Dance <i>Weekly - come rain or shine!</i> 6 to 8 p.m. \$2 admission</p>	<p>9:00 Crocheting & Knitting Class 1 9:15 Senior Reading Club 10:00 Exercise Plus Health Class 11:30 Lunch - SeniorServ 12:00 Fitness Zone Health 4:30 Karaoke Up!</p>	<p>8:00 Walking Group 2 8:30 Tai Chi Practice 8:30 Beginners' Tai Chi Practice 9:00 Fitness - Help Yourself to Health 10:00 Photography & More 10:00 Blood Pressure Checks 10:00 Senior Club Semi-annual Meeting 10:30 Gentle Yoga & Pilates 10:30 Diabetes Support Group 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 & 1:30 Fit & Healthy with Kenny</p>
<p>8:00 Walking Group 5 8:30 Korean Dance Class 8:45 Pala Casino Trip 9:00 Needlecraft Service Group 9:00 Longevity Stick Balance 9:00 Fun & Fitness Health 9:00 & 12:30 Medicare Counseling - HICAP 10:30 Gentle Yoga & Pilates 10:30 Korean Folk Song 11:30 Lunch 11:30 Table Tennis 12:30 Bingo 1:00 Chess 1:00 VITAS Support 1:00 Caring Compan. 7:00 Alzheimer's Caregiver Support Group</p>	<p>9:00 Hawaiian Dance Lessons 6 9:00 Robin's Exercise & Health 10:30 Belly Dance Lessons 11:30 Lunch - SeniorServ 12:00 Duplicate Bridge 12:30 Creative Coloring Connection 1:00 Beginning Drama 6:00 Tuesday Evening Dance</p>	<p>8:00 Walking Group 7 8:30 Tai Chi Chuan 9:00 Line Dance Lessons 10:30 Gentle Yoga & Pilates 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 Fit & Healthy with Kenny</p>	<p>9:00 Crocheting & Knitting Class 8 9:15 Senior Reading Club 10:00 Exercise Plus Health Class 10:45 Senior Grocery Program 11:30 Lunch - SeniorServ 12:00 Fitness Zone Health 12:15 Legal Aid 6:00 Health: Sleep Apnea</p>	<p>8:00 Walking Group 9 8:30 Tai Chi Practice 8:30 Beginners' Tai Chi Practice 9:00 Help Yourself to Health 10:00 Photography & More 10:00 Korean Parkinson's Support Group 10:30 Gentle Yoga & Pilates 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 & 1:30 Fit & Healthy with Kenny 12:30 Movie: "Collateral Beauty"</p>
<p>8:00 Walking Group 12 8:30 Korean Dance Class 9:00 Needlecraft Service Group 9:00 Longevity Stick Balance 9:00 Fun & Fitness Health 10:30 Gentle Yoga & Pilates 10:30 Korean Folk Song Class 11:30 Table Tennis 11:30 Lunch - SeniorServ 12:30 Bingo 1:00 Chess 1:00 VITAS Bereavement Support Group 3:00 German Conversation Group</p>	<p>9:00 Hawaiian Dance Lessons 13 9:00 Robin's Exercise & Health 10:30 Belly Dance Lessons 11:30 Lunch - SeniorServ 12:00 Duplicate Bridge 12:30 Creative Coloring Connection 1:00 Beginning Drama 6:00 Tuesday Evening Dance</p>	<p>8:00 Walking Group 14 8:30 Tai Chi Chuan 9:00 Line Dance Lessons 9:00 Palos Verdes/Wayfarers Trip 10:00 Our World 10:30 SeniorServ Bingo 10:30 Gentle Yoga & Pilates 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 Fit & Healthy with Kenny</p>	<p>9:00 Crocheting & Knitting Class 15 9:15 Senior Reading Club 10:00 Exercise Plus Health Class 11:30 Lunch - SeniorServ 12:00 Fitness Zone Health 1:00 Senior Club Board Meeting</p>	<p>8:00 Walking Group 16 8:30 Tai Chi Practice 8:30 Beginners' Tai Chi Practice 9:00 Fitness - Help Yourself to Health 10:00 Photography & More 10:00 Blood Pressure Checks 10:00 SeniorServ Father's Day Celebration 10:30 Gentle Yoga & Pilates 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 & 1:30 Fit & Healthy with Kenny 12:30 Movie: "Ithaca"</p>
<p>8:00 Walking Group 19 8:30 Korean Dance Class 9:00 Needlecraft Service Group 9:00 Longevity Stick Balance 9:00 Fun & Fitness Health 9:00 & 12:30 Medicare Counseling - HICAP 10:30 Korean Folk Song Class 10:30 Gentle Yoga & Pilates 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 Bingo 1:00 Chess 1:00 VITAS Bereavement Support Group 3:00 German Conversation Group</p>	<p>9:00 Hawaiian Dance Lessons 20 9:00 Robin's Exercise & Health 10:30 Belly Dance Lessons 11:30 Lunch - SeniorServ 12:00 Duplicate Bridge 12:30 Creative Coloring Connection 1:00 Beginning Drama 6:00 Tuesday Evening Dance</p>	<p>8:00 Walking Group 21 8:30 Tai Chi Chuan 9:00 Line Dance Lessons 10:30 Gentle Yoga & Pilates 10:30 SeniorServ Birthdays 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 Fit & Healthy with Kenny</p>	<p>9:00 Crocheting & Knitting Class 22 9:15 Senior Reading Club 10:00 Exercise Plus Health Class 10:45 Senior Grocery Bag Program 11:30 Lunch - SeniorServ 12:00 Fitness Zone Health Class</p>	<p>8:00 Walking Group 23 8:00 Bulletin Collation 8:30 Tai Chi Practice 8:30 Beginners' Tai Chi Practice 9:00 Fitness - Help Yourself to Health 10:00 Photography & More 10:30 Gentle Yoga & Pilates 11:30 Lunch - SeniorServ 11:30 Table Tennis 12:30 & 1:30 Fit & Healthy with Kenny 12:30 Movie: "La La Land"</p>
<p>Same as Monday, June 19, except: Add: 9:30 CTAP Telephone Services 26 Delete: Medicare Counseling - HICAP</p>	<p>Same as Tuesday, June 20 27</p>	<p>Same as Wednesday, June 21, except: Add: 10:00 Our World 28 10:30 SeniorServ Bingo 10:30 Healthy Eye Technology Delete: SeniorServ Birthdays</p>	<p>Same as Thursday, June 22, except: Delete: Senior Grocery Bag Program 29</p>	<p>Same as Friday, June 23, except: Add: 10:00 SeniorServ Pre - Independence Day Dance 30 12:30 Movie: "Bless Me, Ultima" Delete: Bulletin Collation</p>